

Recipe Allergen Matrix - PRIMARY (ALL)

Sept 2024 (2024/25 Menus V.2)

C Contains
M May Contain
N Does Not Contain

*This information is for guidance and is correct at the date of issue
 Ensure the allergens for all substitutions are checked and added to the Substitution Matrix*

Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat	
BISCUITS	R00018	Jam & Coconut Cookie	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C	
BISCUITS	R00019	Australian Crunch	N	C	N	N	N	N	M	N	N	N	N	N	M	C	N	C	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00020	Coconut Cookie	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00021	Chocolate Crunch	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00024	Orange Cookie	N	C	N	N	N	N	M	N	N	N	N	N	N	N	N	M	N	N	N	N	N	M	N	N	N	N	C
BISCUITS	R00125	Parsnip Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	M	N	N	N	N	N	C	N	N	N	N	M
BISCUITS	R00202	Lemon Finger	N	C	N	N	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00206	Polish Cake	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	M	N	N	M	N	C
BISCUITS	R00331	Viennese Cookies	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00528	Orange & Chocolate Flapjack	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	C	N	N	N	N	M
BISCUITS	R01511	Orange Shortbread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00026	Garlic & Herb Jacket Wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00032	Brown & White Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00033	Jacket Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00055	Spaghetti	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00059	Noodles	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00117	Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00118	Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00137	Diced Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00259	Every Day Bread/Roll/Wedge	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00347	Garlic Bread	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00483	Wholewheat Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00670	Naan Bread	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00839	Plain Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01518	McCain Original Choice Medium Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01536	Lamb Weston Twisters Curly Fries	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01570	Mashed Potato	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01604	Potato Crunchies (Tiny Tater)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01606	French Stick	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01789	Bidfood Sandwich Baps	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01790	Bidfood Hotdog Roll 6.5in	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00078	Carrot Cake	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00092	Blueberry Muffin	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	M	N	N	N	N	C

