

Cotwall End Primary School- PSHE

Curriculum based on the 3 Core Themes : Health and Well being
Relationships
Living in the Wider World

Other Core skills will also be covered throughout Key Stage 1 and 2 such as: working collaboratively, research and debate of topical issues , loss , divorce and bereavement.

One of Our School Values are focused upon each term and these are embedded into the curriculum

Key Stage 1						
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Values	Honesty	Wisdom	Kindness	Happiness	Bravery	Self-Belief
1	Health and Well Being Classroom Rules. Making a classroom a caring environment. Thinking about self and others. Responsibility for their own hygiene, germs and how to stop these spreading.	Health and Well Being How do I feel? My feelings and other people Happy/sad Yes/No feelings Relationships Managing friendships Teasing and bullying ,who to go to for help	Health and Well Being Male/female Similarities and differences. Naming Body Parts Rights over own body Responsibility to accept no Good touch, bad touch.	Health and Well being What constitutes a healthy lifestyle? Favourite TV programmes Number of hours per day? What time of day? Where watched and with whom? What Else could I do to stay active?	Health and Well Being Medicines Household chemicals Kitchen sink Garden shed Bathroom cabinet Household products can be harmful if not used properly.	What have I Achieved? Review of learning Developing understanding of personal goals Transition to next stage of learning
2	Health and Well Being Classroom Rules. Making a classroom a caring environment. Thinking about self and others. Rules for keeping Safe in the Environment- Road Safety.	Health and Well Being How have I changed? Baby to now- How people's needs change growing from young to old.	Health and Well being People who help us: In school At home Different people Different roles Wider World Money is earned by doing a job, keeping it safe , choices about spending.	Relationships How to resist teasing and bullying Who to go to for help Recognize when people are being unkind to others, who to tell and what to say. Wider World Local Environment and how to look after it.	Health and Well being Diet Analysis of diet Classification of food Healthy Eating Dental Health Importance of looking after our teeth.	What have I Achieved? Review of learning Developing understanding of personal goals Transition to next stage of learning

Key Stage 2						
Values	Honesty	Wisdom	Kindness	Happiness	Bravery	Self-Belief
3	Health and Well being Why do we need rules? Rules in the classroom Rules at home. Similarities and differences Reasons why	Relationships Celebrating difference Challenging stereotype Wider World Responsibility at school, home and the environment.	Relationships Develop skills to maintain a good relationship. Conflict and Causes Recognising and acknowledging Emotions in difficult situations. Who to talk to for help.	Health and Well being What technology is in my home? Who uses it? Safe use of technology at home/with friends Safety on-line.	Wider World What is a community? Which communities do I belong to? How does it impact on me? How do I affect it? Local Community: Who supports us? Who do we support?	What have I Achieved? Transition to next stage of learning Preparation for new school where appropriate Review of learning Reviewing/setting personal goals
4	Relationships Positive and Negative Teasing/bullying/nicknames/coping strategies Self Image Body Image	Health and Well Being School Rules about basic health and safety. Basic emergency aid procedures, where and how to get help.	Health and Well Being Alcohol and tobacco -Effects Implications Medicines and other substances. Safe and unsafe. What is meant by the term habit and how they are hard to change.	Wider World Learning about money Why save money? Where can we save? Saving to spend	Relationships Differences and similarities between people -family, cultural. Ethnic, religious, age, gender-equal opportunities. Challenge stereotypes.	What have I Achieved? Transition to next stage of learning Preparation for new school where appropriate Review of learning Reviewing/setting personal goals
5	Relationships What is bullying? Why is it wrong? What is anti-social behaviour? Why is it wrong?	Health and Well being Balance of diet and activity Computer games Age classifications Hours per day / time? Played where with whom? Different games in different places?	Wider World Looking after the Environment. Looking after our planet. Environmental issues	Health and Well being. Differentiate between terms risk and hazard and danger. Social networking Mobile phones Personal safety Children to offer recommendations to scenarios.	Health and Well being Pressure to behave in a certain way can come from friends Peer Pressure	What have I Achieved? Transition to next stage of learning Preparation for new school where appropriate How will it help me in the future? Reviewing/setting personal goals
6	Relationships How do I behave? Peer pressure, bullying, racism, & homophobia Media- Can newspapers be biased? How trustworthy is information on the Internet?	Wider World Lives of others around the World. What is aid for? Is it important? Is aid always good? What is fair trade? Is fair trade important? Is fair trade always good?	Health and well being Effects of use / misuse Law related to alcohol, tobacco and solvents effects of use/misuse Peer Influences Coping with pressure to take substances Personal Responsibility Social Responsibility	Wider World About the role money plays in their own and others' lives, - money management Understand concept of terms interest, loan, debt, and tax. Enterprise and the skills needed to be successful.	Health and Well Being. "The Talk" Puberty Hygiene Development Changes Males/females	Rite of Passage Transition to ... new key stage new school Looking Forward What have I Achieved? How will it help me in the future? Reviewing/setting personal goals