

Recipe Allergen Matrix - PRIMARY (ALL)

November 2023 V.4

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Recipe Group	Recipe Code	Description	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
BASE Recipes	R00181	Apple Sauce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00284	Barbecue Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01494	Barbecue Sauce (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01480	Basic Tomato Sauce (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00536	Basic Tomato Sauce with LFC Hidden Veg	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01640	Bechamel Sauce - Knorr	M	C	N	M	N	N	C	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N
BASE Recipes	R00003	Bechamel Sauce (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N
BASE Recipes	R00274	Butter Icing (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00027	Cheese Sauce (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R00327	Chocolate Butter Icing (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00030	Chocolate Sauce (FP)	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00029	Custard	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00179	Filling Cheese & Beans	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00147	Filling Chicken & Sweetcorn	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01544	Filling Grated Cheese	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01483	Filling Savoury Cheese (FP)	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00625	Filling Tuna & Sweetcorn (FP)	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00146	Filling Tuna Mayo (FP)	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00138	Gravy	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01546	Katsu Curry Sauce (EFav)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00150	Lemon Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01528	Mayonnaise	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01510	Orange Buttercream	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00034	Pastry (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R01508	Sage and Onion Stuffing	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
BASE Recipes	R01801	Sage and Onion Stuffing Balls	N	C	N	N	N	N	M	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C

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BASE Recipes	R01547	Sweet & Sour Sauce (EveryDay Fav)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R00151	Sweet Chilli Mayo	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01548	Sweet Chilli Sauce (EFav)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01549	Theos Mint Yoghurt Sauce	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01519	Toffee Butter Icing (FP)	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
BASE Recipes	R01517	Tomato Ketchup	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00655	Baby Potatoes (MIDS)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01789	Bidfood Sandwich Bap	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R01790	Bidfood Hot Dog Roll	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R01791	Bloomers Finger Roll	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R00032	Brown & White Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00878	Crusty White Half Baguette	N	C	N	N	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R01606	Everyday Bread - French Stick	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R00137	Diced Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00259	Every Day Bread/Roll/Wedge	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R01606	Everyday Bread - French Stick	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R00026	Garlic & Herb Jacket Wedges	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R00025	Garlic & Herb Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R01529	Garlic & Herb Slice Ev Fav	N	C	N	N	N	N	M	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R00347	Garlic Bread	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R01574	Hash Browns	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00033	Jacket Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01524	McCain Baked Potato Wedges	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00294	McCain Herby Diced Potatoes	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N
CARBS	R01518	McCain Original Choice Medium Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01539	McCain Purely Potato Diced	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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CARBS	R01525	McCain Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R01570	McCain Simply Mash	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00295	McCain Surecrisp Traditional Thick Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00670	Naan Bread	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00131	Naan Bread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00059	Noodles	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00839	Plain Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R01604	Potato Crunchies (Tiny Tater)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00117	Roast Potatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
CARBS	R00055	Spaghetti	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00483	Wholewheat Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
CARBS	R00118	Yorkshire Pudding	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETABLES	R00268	Baked Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00267	Broccoli	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00270	Carrots	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00266	Cauliflower	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00036	Cauliflower Cheese	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETABLES	R00265	Green Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00264	Peas	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00632	Roasted Root Vegetables	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R00263	Sweetcorn	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETABLES	R01777	Wholewheat Spaghetti Rings	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00595	Beetroot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00594	Carrot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00100	Coleslaw	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00590	Cucumber P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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SALADS	R00626	Curried Rice Salad (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R01537	Lettuce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00532	Mediterranean Noodle Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00102	Mediterranean Pasta Salad	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00319	Mixed Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00103	Pasta Sweetcorn & Mayo Salad	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00627	Pasta with Mayonnaise	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00584	Peppers P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00593	Potato Salad	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00563	Savoury Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00586	Sweetcorn P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00628	Tomato Pasta Salad	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
SALADS	R00588	Tomatoes P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
SALADS	R00597	Tricolour Pasta	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00057	Bacon Carbonara	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00529	BBQ Chicken	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N
MEAT	R00467	BBQ Chicken Pasta Bake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00054	Beef Bolognese P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01472	Beef Bolognese P (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00506	Beef Burger Bap (FP)	N	C	N	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01647	Beef Burger HALAL	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00060	Big Breakfast	N	C	N	C	N	N	C	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01383	Bolognese Pasta Bake	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00286	Breaded Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01503	Breaded Chicken Katsu Curry	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01538	Breaded Chicken Nuggets	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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MEAT	R00523	Breaded Chicken with Noodles & Sweet & Sour Sauce	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00566	Chicken & Sweetcorn Meatballs in Tom Sauce	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01486	Chicken & Sweetcorn Meatballs in Tom (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01521	Chicken Curry (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00344	Chicken Korma	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01643	Chicken Nuggets HALAL	C	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01644	Chicken Sausages HALAL	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00052	Chicken Tikka Masala	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01639	Chicken Tikka Masala	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01484	Chicken Tikka Masala (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01520	Chicken with Noodles & Sweet & Sour Sauce	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00253	Chilli Con Carne	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00079	Cottage Pie P (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00843	Hot Dog	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00004	Lasagne P	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01504	Lasagne P (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00006	Lasagne Traditional P	M	C	N	N	N	N	C	N	M	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00081	Lasagne Traditional S	M	C	N	N	N	N	C	N	M	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01610	Mac n Cheese Chicken Bake	M	C	N	N	N	N	C	N	M	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01609	Mac n Cheese Chicken Bake (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00513	Mediterranean Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01559	Pepperoni Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01649	Roast Beef	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00063	Roast Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01646	Roast Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01648	Roast Pork Loin	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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MEAT	R01590	Sausage Roll 4"	N	C	N	N	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R01566	Sausage Roll 6"	N	C	N	N	N	N	C	N	N	N	N	N	C	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00376	Sausages (FP)	N	C	N	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00340	Shepherds Pie (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R00250	Sweet & Sour Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01645	Theo's BBQ Chicken HALAL	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
MEAT	R01642	Theos Chicken Meatballs HALAL	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
MEAT	R00051	Theo's Chicken Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01800	Cod Stars Harry Ramsden MSC	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00300	Big Tasty Fishcake	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00338	Fish Finger Bap	N	C	N	N	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00658	Fish Fingers	N	C	N	N	C	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00673	H/R Junior Battered Pollock Fillet	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R01572	Salmon Fish Fingers	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
FISH	R00132	Tuna & Sweetcorn Pizza	N	C	N	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00255	BBQ Cheese Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01545	BBQ Quorn Fillet (EFav Sauce)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01628	BBQ Veggie Hot Dog	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00234	Big Vegetarian Breakfast	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01605	Cheese & Onion Roll	N	N	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00321	Cheese & Potato Pie (FP)	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00045	Cheese & Red Onion Quiche (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00044	Cheese & Tomato Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01473	Cheese & Tomato Pizza (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00072	Cheese & Vegetable Stackler	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00509	Cheese Omelette	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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VEGETARIAN	R00116	Cowboy Pie	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00441	Hawaiian Pizza	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01641	Mac 'n' Cheese	M	C	N	M	N	N	C	N	M	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00109	Mac 'n' Cheese (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01635	Meat (free) Balls in Sweet & Sour Sauce	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01627	Meat (free) Balls Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00574	Mediterranean Quorn	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00065	Pasta Neapolitan	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01560	Pineapple Pizza	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01475	Pineapple Pizza (FP)	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01552	Pizza (Foley Infant Only)	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00749	Pizza Pin Wheel	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00071	Quorn & Potato Pie (FP)	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00066	Quorn Balls in Tomato Sauce	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00242	Quorn Bolognese (FP)	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01522	Quorn Burger (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00298	Quorn Dippers	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00384	Quorn Pasta Bake (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00069	Quorn Tikka Masala	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00581	Quorn Korma	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00112	Roasted Quorn Fillet (FP)	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R00237	Sweet & Sour Quorn Noodles	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01561	Sweetcorn Pizza	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01476	Sweetcorn Pizza (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01625	Tomato Pasta Bake	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N
VEGETARIAN	R01507	Tomato Pasta Bake (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	C	N	N	N	N	N	N	N	N	N

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VEGETARIAN	R01633	V Kitchen Plant Based Sausage Roll	N	C	N	N	N	N	M	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01607	Vegan Cheese & Tomato Pizza	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00676	Vegan Chilli	C	M	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01788	Vegan Quorn Wrap	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01531	Vegetable & Bean Burger	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00617	Vegetable & Lentil Lasagne	N	C	N	M	N	N	C	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01569	Vegetable Fingers	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00511	Vegetable Frittata (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00067	Vegetable Lasagne	N	C	N	M	N	N	C	N	N	N	N	N	N	C	N	M	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R01523	Vegetable Stir Fry (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00297	Vegetarian Hot Dog (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00662	Vegetarian Sausage	N	C	N	N	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
VEGETARIAN	R00134	Veggie Sausage in Yorkshire Pudding	N	C	N	C	N	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00007	Apple Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	M	N	N	N	N	N	N	N	N	M
BISCUITS	R00019	Australian Crunch (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	C
BISCUITS	R00011	Cherry & Coconut Cookie (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00016	Chocolate Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R01623	Chocolate Crunch P	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00017	Chocolate Shortbread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00020	Coconut Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00012	Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	M	N	N	N	N	N	N	N	N	M
BISCUITS	R00013	Ginger Cookie (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	C	N	N	M	N	N	N	N	N	N	N	N	C
BISCUITS	R00018	Jam & Coconut Cookie (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00202	Lemon Finger (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00014	Lemon Shortbread (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
BISCUITS	R00008	Oat & Syrup Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	M	N	N	N	N	N	N	N	N	C

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BISCUITS	R00528	Orange & Chocolate Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	M	M	N	N	N	C	N	N	N	N	M
BISCUITS	R00024	Orange Cookie (FP)	N	C	N	M	N	N	M	N	N	N	N	N	N	N	N	M	M	N	N	N	C	N	N	N	N	C
BISCUITS	R01511	Orange Shortbread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	C
BISCUITS	R00125	Parsnip Flapjack (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	M	M	N	N	C	N	N	N	N	C
BISCUITS	R00206	Polish Cake	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	M	M	N	N	C	N	N	N	N	C
BISCUITS	R00009	Shortbread (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	C
BISCUITS	R00015	Shrewsbury Biscuit (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	C
BISCUITS	R00010	Sultana Cookie (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	C
BISCUITS	R00331	Viennese Cookies (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	C
COLD Pudding	R01557	Angel Delight Banana P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01556	Angel Delight Butterscotch P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01555	Angel Delight Chocolate P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01554	Angel Delight Strawberry P	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00139	Apple Muffin (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	M	N	N	N	N	C
COLD Pudding	R01614	Apple Puff Slice (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	M	N	N	N	N	C
COLD Pudding	R00537	Beetroot Cake (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	N	M	M	N	N	M	N	N	N	N	C
COLD Pudding	R00092	Blueberry Muffin (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	M	N	N	N	N	C
COLD Pudding	R00078	Carrot Cake (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	N	M	M	N	N	M	N	N	N	N	C
COLD Pudding	R00654	Cheese & Crackers	N	C	N	M	N	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	M	N	N	N	N	C
COLD Pudding	R00140	Chocolate & Orange Muffin (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	M	M	N	N	M	N	N	N	N	C
COLD Pudding	R00661	Chocolate & Vanilla Vegetarian Mousse	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00173	Chocolate Brownie P (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01502	Chocolate Cupcake (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01637	Chocolate Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00133	Cornflake Cake (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00351	Fresh Fruit Salad (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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COLD Pudding	R00097	Fruit Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01563	Fruit Platter (FP)	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00098	Jelly Sundae	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00095	Lemon Drizzle Slice P (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00793	Lime Jelly	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01579	Macphie Apple Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01580	Macphie Blueberry Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01581	Macphie Chocolate Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01582	Macphie Chocolate Orange Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01585	Macphie Iced Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01587	Macphie Orange Muffin (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01588	Macphie Plain Muffin / Cupcake (P)	N	C	N	C	N	N	C	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00380	Mango & Orange Sorbet	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01617	McDougalls Chocolate Fruit Cake (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01621	McDougalls Chocolate Iced Cake Sprinkles	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01583	McDougalls Chocolate Tray Bake (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01622	McDougalls Plain Iced Cake Sprinkles	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01589	McDougalls Plain Traybake (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01615	McDougalls Toffee Apple Slice	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01778	Muller Vit Thick and Creamy Yog Strawberry	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01779	Muller Vit Thick and Creamy Yoghurt Mixed	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01780	Muller Healthy Balance Mixed Case	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01509	Plain Cupcake (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R00740	Rocky Road	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01526	Strawberry Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01608	Sultanas	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

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COLD Pudding	R00656	Vanilla Ice Cream Tub	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00093	Vanilla Iced Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R00794	Vegan Chocolate Muffin S	N	C	N	M	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
COLD Pudding	R01794	Banoffee Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01795	Cookies & Cream Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01796	Double Chocolate Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01797	Marshmallow Dream Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01798	Peaches and Cream / Peach melba Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01799	Strawberry and Cream Waffle	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
COLD Pudding	R01793	Water Icing	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
HOT Pudding	R00084	Apple Crumble (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	C	N	N	N	N	C
HOT Pudding	R01498	Apple Swirl (FP)	N	C	N	M	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00088	Chocolate Marble Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00087	Chocolate Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	M	N	N	N	M	N	N	N	N	C
HOT Pudding	R00222	Cornflake Tart	N	C	N	N	N	N	M	N	N	N	N	N	M	N	N	N	C	N	N	N	N	N	N	N	N	C
HOT Pudding	R00564	Jam & Coconut Sponge	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R00099	Ginger & Orange Sponge (FP)	N	C	N	C	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01578	McDougalls Apple Muffin Pudding (P)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01584	McDougalls Hot Chocolate Sponge Pudding	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01586	McDougalls Marble Sponge (P)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01512	Peach Crumble (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	M	N	N	N	C	N	N	N	N	C
HOT Pudding	R00090	Syrup Sponge (FP)	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
HOT Pudding	R01638	Wafflemeister Mini Waffle	N	C	N	C	N	N	M	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00121	Beef Burrito	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00802	BBQ Chicken Salad Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01553	BBQ Chicken Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C

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DELI Option	R00577	BBQ Cold Chicken Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00164	BBQ Meatball Sub	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00288	BBQ Quorn & Cheese Melt	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00115	Cheese & Tomato Melt	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00042	Cheese Salad Wrap (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R01254	Cheese Savoury Vienna Roll Brn	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R01253	Cheese Savoury Vienna Roll Wht	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00123	Chicken & Rice Pot	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R00317	Chicken Curry & Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R00142	Chicken Pasta Pot	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00753	Chicken Salad Wrap	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01565	Chicken Sandwich	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00154	Chicken Tikka Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01492	Chinese Chicken Flatbread (FP)	N	C	N	C	N	N	N	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00120	Del Bar Bacon & Cheese Melt	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00175	Del Bar BBQ Not Dogs (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00367	Del Bar BBQ Theo's Chicken Wrap (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	C
DELI Option	R00507	Del Bar Cheese & Bean Wrap	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00575	Del Bar Chicken Burger Bun	N	C	N	C	N	N	N	N	N	N	N	N	M	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00122	Del Bar Chicken Noodle Pot (FP)	N	C	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00162	Del Bar French Bread Pizza	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00127	Del Bar Marinated Chicken Flatbread (Hot/C	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00111	Del Bar Tomato & Basil Pasta	N	C	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00124	Del Bar Tuna & Cheese Melt	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C
DELI Option	R00291	Del Bar Chicken Katsu Curry	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01490	French Bread Pizza (FP)	N	C	N	C	N	N	C	N	N	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	C

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DELI Option	R01010	Grated Cheddar Cheese Vienna Roll	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01041	Grated Cheddar Cheese Sandwich Brn	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01011	Grated Cheddar Cheese Sandwich Wht	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00996	Grated Cheddar Cheese Vienna Roll Wht	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01592	Grated Mature Cheddar Cheese on Hovis 50/50	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00136	Ham Salad Wrap	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00364	Hot Chicken & Rice Wrap (FP)	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00358	Hot Dog with Tomato Sauce (FP)	N	C	N	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00038	Jacket Potato with Cheese (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01527	Kerrymaid Cheese Burger Slice	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01576	Santa Maria Tortilla Chips P	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
DELI Option	R01493	Tomato & Basil Pasta (FP)	N	C	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01487	Tuna & Cheese Melt (FP)	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01593	Tuna Mayo on Hovis 50/50	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01046	Tuna Mayo Sandwich Brn	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01021	Tuna Mayo Sandwich Wht	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01030	Tuna Mayo Vienna Roll Brn	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01001	Tuna Mayo Vienna Roll Wht	N	C	N	N	C	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00041	Tuna Salad Wrap (FP)	N	C	N	N	C	N	C	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01591	Wiltshire Ham on Hovis 50/50	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01044	Wiltshire Ham Sandwich Brn	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01019	Wiltshire Ham Sandwich Wht	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R01014	Wiltshire Ham Vienna Roll Brn	N	C	N	N	N	N	N	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
DELI Option	R00999	Wiltshire Ham Vienna Roll Wht	N	C	N	N	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	C
GLUTEN Free	R01624	Beefburger GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01651	Breaded Chicken - GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Recipe Allergen Matrix - PRIMARY (ALL)

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C Contains
M May Contain
N Does Not Contain

This information is for guidance and is correct at the date of issue
Ensure the allergens for all substitutions are checked and added to the Substitution Matrix

Recipe Group	Recipe Code	Description	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites	Almonds	Barley	Brazil Nuts	Cashew Nuts	Hazelnuts	Macadamia Nuts	Oats	Pecan Nuts	Pistachio Nuts	Rye	Walnuts	Wheat
GLUTEN Free	R01650	Breaded Chicken Nuggets GLUTEN FREE	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00788	Chocolate Crunch GLUTEN FREE	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00271	Chocolate Muffins (FP) GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01440	Chocolate Sponge GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01787	Mini Doughnuts GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01620	Fish Fingers GLUTEN FREE	N	N	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R01577	Penne Pasta GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00335	Plain Sponge GLUTEN FREE	N	N	N	C	N	N	C	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00612	Sausages GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	M	C	N	N	N	N	N	N	N	N	N	N	N	N
GLUTEN Free	R00789	Sultana Cookie (FP) GLUTEN FREE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N